**WEEK 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfast  A selection of cereal  Toast  Fruit  with Cow’s/Coconut/Oak Milk | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oak Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oak Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oak**  **Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oat Milk** |
| Lunch  Broccoli & Vegetable Cheese Pasta Bake  Banana & Custard | **Lunch**  **Quorn Pie with Butternut Squash & Potato Topping**  **Fruit Salad with**  **Crème Fraiche** | **Lunch**  **Chickpea & Vegetable Curry with Spinach & Rice**  **Cookie & Milk** | **Lunch**  **Turkey Bolognaise OR Quorn Bolognaise with Vegetables &**  **Tri-Colour Pasta**  **Sultana Sponge & Custard** | **Lunch**  **Fish Fingers,**  **Sweet Potato Chips & Peas**  **Rice Pudding** |
| Tea  Pizza Crumpets  &  Cucumber Sticks | **Tea**  **Leek & Potato Soup**  **Wholemeal Bread Roll** | **Tea**  **Soft Pitta Bread with Cream Cheese OR Pate**  **&**  **Carrot Sticks** | **Tea**  **Salmon Balls with Beans** | **Tea**  **Soft Pitta Pockets with**  **Cheese OR Beans** |
| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Lunch  Cauliflower Medley  With Peas  Carrot & Pineapple Muffins | **Lunch**  **Spicy Quorn in Sauce**  **With Rice & Green Beans**  **Semolina with Chocolate Sprinkles** | **Lunch**  **Roast Chicken Thighs Casserole**  **With Potato, Carrots & Cabbage**  **Gingerbread & Vanilla Sauce** | **Lunch**  **Quorn OR Ham, Sweetcorn Pasta Bake**  **With Mixed Vegetables**  **Muesli Bar with Milk** | **Lunch**  **Luxury Fish Pie**  **With Peas**  **Mandarin Jelly** |
| Tea  Puff Pastry Pizza  With  Cucumber Sticks | **Tea**  **Tuna Muffins** | **Tea**  **Stovie Layer bake with Potato, carrots & Turnips** | **Tea**  **Filled Croissants with Bacon, veggie Slice and Cheese Sauce** | **Tea**  **Salmon Cakes with**  **Avocado** |

**WEEK 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfast  A selection of cereal  Toast  Fruit  with Cow’s/Coconut/Oat Milk | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oat Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oat Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oat Milk** | **Breakfast**  **A selection of cereal**  **Toast**  **Fruit**  **with Cow’s/Coconut/Oat Milk** |
| Lunch  Spaghetti Primavera  With Diced Carrots & Swede  Chocolate Vegan Cake | **Lunch**  **Sweet Potato Whirls**  **With Couscous & Farmhouse Vegetables**  **Iced Sponge** | **Lunch**  **Quorn OR Chicken**  **Sweet and sour**  **With Carrots & Peas**  **Fruit Flapjack** | **Lunch**  **Vegetable OR Beef Moussaka**  **With Vegetables**  **Fruit Cake & Milk** | **Lunch**  **Salmon & Pea Risotto**  **With Broccoli**  **Dorset Biscuit** |
| Tea  Bread Sticks with Garlic bean Dips  Fruit salad | **Tea**  **Vegetable Goulash**  **With Wholemeal Roll** | **Tea**  **Vegetable Soup**  **With Muffins** | **Tea**  **Cheese & Mushroom Potato Cake** | **Tea**  **Mixed Sandwiches**  **& Pumpkin Muffin** |

**WEEK 3**