**WEEK 1**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfastA selection of cerealToastFruitwith Cow’s/Coconut/Oak Milk | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oak Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oak Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oak****Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oat Milk** |
| LunchBroccoli & Vegetable Cheese Pasta BakeBanana & Custard | **Lunch****Quorn Pie with Butternut Squash & Potato Topping****Fruit Salad with** **Crème Fraiche** | **Lunch****Chickpea & Vegetable Curry with Spinach & Rice****Cookie & Milk** | **Lunch****Turkey Bolognaise OR Quorn Bolognaise with Vegetables &** **Tri-Colour Pasta****Sultana Sponge & Custard** | **Lunch****Fish Fingers,** **Sweet Potato Chips & Peas****Rice Pudding** |
| TeaPizza Crumpets&Cucumber Sticks | **Tea****Leek & Potato Soup****Wholemeal Bread Roll**  | **Tea****Soft Pitta Bread with Cream Cheese OR Pate****&****Carrot Sticks** | **Tea****Salmon Balls with Beans** | **Tea****Soft Pitta Pockets with****Cheese OR Beans** |
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| LunchCauliflower MedleyWith PeasCarrot & Pineapple Muffins  | **Lunch****Spicy Quorn in Sauce****With Rice & Green Beans****Semolina with Chocolate Sprinkles** | **Lunch****Roast Chicken Thighs Casserole****With Potato, Carrots & Cabbage****Gingerbread & Vanilla Sauce** | **Lunch****Quorn OR Ham, Sweetcorn Pasta Bake****With Mixed Vegetables****Muesli Bar with Milk** | **Lunch****Luxury Fish Pie****With Peas****Mandarin Jelly** |
| TeaPuff Pastry PizzaWithCucumber Sticks | **Tea** **Tuna Muffins** | **Tea****Stovie Layer bake with Potato, carrots & Turnips** | **Tea****Filled Croissants with Bacon, veggie Slice and Cheese Sauce** | **Tea****Salmon Cakes with****Avocado** |

**WEEK 2**

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfastA selection of cerealToastFruitwith Cow’s/Coconut/Oat Milk | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oat Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oat Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oat Milk** | **Breakfast****A selection of cereal****Toast****Fruit****with Cow’s/Coconut/Oat Milk** |
| LunchSpaghetti PrimaveraWith Diced Carrots & SwedeChocolate Vegan Cake | **Lunch****Sweet Potato Whirls****With Couscous & Farmhouse Vegetables****Iced Sponge** | **Lunch****Quorn OR Chicken** **Sweet and sour** **With Carrots & Peas****Fruit Flapjack** | **Lunch****Vegetable OR Beef Moussaka** **With Vegetables****Fruit Cake & Milk** | **Lunch****Salmon & Pea Risotto****With Broccoli****Dorset Biscuit** |
| TeaBread Sticks with Garlic bean DipsFruit salad | **Tea****Vegetable Goulash****With Wholemeal Roll** | **Tea****Vegetable Soup** **With Muffins** | **Tea****Cheese & Mushroom Potato Cake** | **Tea****Mixed Sandwiches****& Pumpkin Muffin** |

**WEEK 3**