**Week 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfast  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast |
| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Lunch  Salmon and Pea Risotto  Carrots  Quorn and Pea Risotto  Yogurt and Fruits | **Lunch**  **Pasta shapes Vegetarian Bolognaise**  **Chocolate Cracknel (milk drink)** | **Lunch**  **Sweet potato and spring onion swirls with spicy wedges and mixed vegetables**  **Banana muffins with custard** | **Lunch**  **Roast Chicken with roast potatoes cauliflower, carrots and parsnips**  **Chocolate sponge and chocolate sauce** | **Lunch**  **Fish fillets homemade chipped potatoes and sweetcorn**  **Apple tart and Ice cream** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Tea  Tuna and cucumber mayo sandwiches  Cucumber sticks  Biscuits | **Tea**  **Cheese wraps with carrot sticks**  **Peaches in Jelly** | **Tea**  **Beans on toast**  **Fruits and cookies** | **Tea**  **French Bread Pizza**  **Yogurt and Bananas** | **Tea**  **Bread Rolls with Turkey Ham or cream cheese**  **Fruits** |

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| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Lunch  Lemon and pepper chicken country style potatoes  Lemon pepper Quorn  With Mixed Vegetables  Flapjacks | **Lunch**  **Beef or Quorn and Spinach curry**  **with rice and Carrots**  **Fruit crumble with custard** | **Lunch**  **Roast Chicken or Quorn Fillets, roast potatoes with peas, carrots and Gravy**  **Raspberry Buns** | **Lunch**  **Loaded vegetables pizza with home baked chips and peas**  **Peaches and custard** | **Lunch**  **Homemade fish fingers in breadcrumbs**  **Carrot cake** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Tea  Spinach and cheese muffins with cherry tomato  Fruit platter | **Tea**  **Tomato soup and Roll**  **Apple and Pears** | **Tea**  **Pitta Bread with hummus and cream cheese**  **Yogurt and Fruit** | **Tea**  **Quorn sausages in a roll and Tomato wedges**  **Fruits in Jelly** | **Tea**  **Cheese Sandwiches**  **Biscuits and Milk** |

**Week 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfast  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast | **Breakfast**  A selection of cereal and toast |
| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Lunch  Chicken korma pasta with Tomato sauce  Butter scotch Crunch | **Lunch**  **Macaroni cheese with peas**  **Semolina and Raspberry colis** | **Lunch**  **Roast Chicken, Roast potatoes, cauliflower and carrots/vegetarian meatballs**  **Iced Sponge and milkshake** | **Lunch**  **Sweet and Sour Tofu Noodles**  **Pineapple and Toffee Sauce** | **Lunch**  **Haddock and cod Fish pie with Homemade chips and peas**  **Ginger Cookie and milk** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop | | | | |
| Tea  Pizza with carrots and cucumber batons  Ice Cream with Mini biscuits | **Tea**  **Toasted crumpets and Beans**  **Yogurt** | **Tea**  **Cheese or ham bagels**  **Fruit salad** | **Tea**  **Sausage in Rolls**  **Banana Bread** | **Tea**  **Chicken or Cheese Sandwiches**  **Apples and Pear wedges** |

