**Week 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| C:\Users\Paul\AppData\Local\Microsoft\Windows\INetCache\IE\C1FGOW08\image3[1].pngBreakfastA selection of cereal and toast | **Breakfast**A selection of cereal and toast | **Breakfast**A selection of cereal and toast | **Breakfast**A selection of cereal and toast | **Breakfast**A selection of cereal and toast |
| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| LunchSalmon and Pea RisottoCarrotsQuorn and Pea RisottoYogurt and Fruits | **Lunch****Pasta shapes Vegetarian Bolognaise****Chocolate Cracknel (milk drink)** | **Lunch****Sweet potato and spring onion swirls with spicy wedges and mixed vegetables****Banana muffins with custard** | **Lunch****Roast Chicken with roast potatoes cauliflower, carrots and parsnips****Chocolate sponge and chocolate sauce** | **Lunch****Fish fillets homemade chipped potatoes and sweetcorn****Apple tart and Ice cream** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| TeaTuna and cucumber mayo sandwichesCucumber sticksBiscuits | **Tea****Cheese wraps with carrot sticks****Peaches in Jelly**  | **Tea****Beans on toast****Fruits and cookies** | **Tea****French Bread Pizza****Yogurt and Bananas**  | **Tea****Bread Rolls with Turkey Ham or cream cheese****Fruits**  |

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| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| LunchLemon and pepper chicken country style potatoesLemon pepper QuornWith Mixed VegetablesFlapjacks | **Lunch****Beef or Quorn and Spinach curry****with rice and Carrots****Fruit crumble with custard** | **Lunch****Roast Chicken or Quorn Fillets, roast potatoes with peas, carrots and Gravy****Raspberry Buns** | **Lunch****Loaded vegetables pizza with home baked chips and peas****Peaches and custard** | **Lunch****Homemade fish fingers in breadcrumbs** **Carrot cake** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| TeaSpinach and cheese muffins with cherry tomatoFruit platter  | **Tea****Tomato soup and Roll****Apple and Pears** | **Tea****Pitta Bread with hummus and cream cheese****Yogurt and Fruit** | **Tea****Quorn sausages in a roll and Tomato wedges****Fruits in Jelly** | **Tea****Cheese Sandwiches****Biscuits and Milk** |

**Week 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
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| AM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| LunchChicken korma pasta with Tomato sauceButter scotch Crunch | **Lunch****Macaroni cheese with peas****Semolina and Raspberry colis** | **Lunch****Roast Chicken, Roast potatoes, cauliflower and carrots/vegetarian meatballs****Iced Sponge and milkshake** | **Lunch****Sweet and Sour Tofu Noodles****Pineapple and Toffee Sauce** | **Lunch** **Haddock and cod Fish pie with Homemade chips and peas****Ginger Cookie and milk** |
| PM snack - 3 different fresh fruits or vegetables to be offered in the snack shop |
| TeaPizza with carrots and cucumber batonsIce Cream with Mini biscuits | **Tea****Toasted crumpets and Beans****Yogurt** | **Tea****Cheese or ham bagels****Fruit salad** | **Tea****Sausage in Rolls****Banana Bread** | **Tea****Chicken or Cheese Sandwiches****Apples and Pear wedges** |

